

Voluntary Report – Voluntary - Public Distribution

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Report Number: IN2022-0023

Report Name: India - FSSAI Issues Directive for Label Declarations for Recommended Dietary Allowances - RDAs

Country: India

Post: New Delhi

Report Category: FAIRS Subject Report

Prepared By: Radha Mani, Agricultural Assistant and Mariano J. Beillard, Senior Regional Agricultural Attaché

Approved By: Mariano Beillard, Senior Regional Agricultural Attaché

Report Highlights:

On February 3, 2022, the Ministry of Health and Family Welfare/Food Safety and Standards Authority of India (FSSAI) issued directive SS-T017/1/2022-Standard-FSSAI [E4478]. The directive instructs food business operators to provide per serve percentage contributions for recommended dietary allowances (RDA) on the product label.

DISCLAIMER: The information contained in this report was retrieved from the Food Safety and Standards Authority of India's (FSSAI) website <http://www.fssai.gov.in>. The Foreign Agricultural Service (FAS) Office of Agricultural Affairs at the U.S. Embassy in New Delhi, USDA and/or the U.S. government make no claim of accuracy or authenticity. The Government of India has not officially endorsed this report. Import approval for any product is subject to local rules and regulations as interpreted by Indian officials at the time of product entry. [Note: Use Google Chrome to access the links that do not open in Internet Explorer. Indian host sites will geo-block site access on a rolling basis].

GENERAL INFORMATION

On February 3, 2022, the Ministry of Health and Family Welfare/Food Safety and Standards Authority of India (FSSAI) issued directive SS-T017/1/2022-Standard-FSSAI [E4478]. The directive instructs food business operators to declare per serve percentage contributions for recommended dietary allowances (RDA) on the product label.

Background: The Food Safety and Standards Authority of India in sub-Regulation 5(3)(b) of the Food Safety and Standards (FSS) (Labeling and Display) Regulations (2020) specifies labeling of nutritional information per 100 grams or 100 milliliters, or on a per single consumption pack of the product and per serve percentage contribution to recommended dietary allowance calculated on the basis of 2,000 kcal energy, 67 grams total fat, 22 grams saturated fat, 2 grams trans-fat, 50 grams added sugar, and 2,000 mg of sodium (5 gram salt) requirement for the average adult per day, on the label.

The FSSAI has received numerous stakeholder comments on the RDA declaration percentage contribution for foods targeted for specific age groups. Stakeholders' concerns are being reviewed by the FSSAI's sub-group committee; this review process will take some time. Enforcement of the FSS (Labeling and display) Regulations (2020), are nonetheless set to commence on July 1, 2022.

Through directive SS-T017/1/2022-Standard-FSSAI [E4478], the FSSAI is clarifying that if the food product targets a specific age group or physiological condition, the respective RDA as specified by the Indian Council of Medical Research, will be considered as the declared RDA serving percentage.

The full text of the FSSAI's directive is accessible on the FSSAI website located at:
https://fssai.gov.in/upload/advisories/2022/02/61fb7270d464fDirection_RDA_03_02_2022.pdf.

**APPENDIX I – FSSAI DIRECTIVE SS-T017/1/2022-Standard-FSSAI [E4478],
DIRECTION OF PERCENTAGE CONTRIBUTION TO RECOMMENDED DIETARY
ALLOWANCE FOR DIFFERENT AGE GROUPS**

File No. SS-T017/1/2022-Standard-FSSAI [E4478]

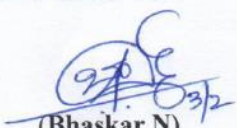
Food Safety and Standards Authority of India
(A Statutory Authority established under the Food Safety & Standards Act, 2006)
Science & Standards Division
FDA Bhawan, Kotla Road, New Delhi – 110002

Dated the 3rd February, 2022

Subject : Direction under Section 16(5) of Food Safety and Standards Act, 2006 regarding declaration of percentage (%) contribution to Recommended Dietary Allowance (RDA) for different age groups.

Reference is drawn to the Sub-Regulation 5(3)(b) of Food Safety and Standards (Labelling and Display) Regulations, 2020, which stipulates labelling of Nutritional Information per 100g or 100ml or per single consumption pack of the product and per *serve percentage (%) contribution to Recommended Dietary Allowance calculated on the basis of 2000kcal energy, 67 g total fat, 22 g saturated fat, 2 g trans-fat, 50 g added sugar and 2000 mg of sodium (5 g salt) requirement for average adult per day*, on the label.

2. In this context, several representations from stakeholders were received regarding declaration of percentage (%) contribution to RDA in case of foods targeted for specific age groups and this concern is under consideration of sub-group constituted by FSSAI.
3. However, as the same is likely to take time and the enforcement of FSS (Labelling & Display) Regulation would begin from 1st July, 2022, *it is clarified that in the case of foods which are targeted to a specific age group or physiological condition, respective RDA's may be considered for declaring per serve percentage (%) RDA - as per the direction F.No. Stds/SP-05/Orders/FSSAI dated 2nd August, 2021 - issued based on the recommended dietary allowance specified by the Indian Council of Medical Research.*
4. This issues with the approval of Competent Authority in exercise of the power vested with Food Authority under section 16(5) of FSS Act, 2006.


(Bhaskar N)

Advisor (Science & Standards)
FSSAI, New Delhi

Attachments:

No Attachments.